FROM THE GRILL

FLAME-GRILLED RIBS(400G) R285
Pork loin ribs with BBQ or prego sauce, onion rings, hand cut chips.

BEEF FILLET R285
With a side of your choice.

RIB EYE (300G) R300
Garlic butter and a side of your choice.

TOMAHAWK (600G) R370
With a side of your choice.

FLAME GRILLED LAMB CHOPS R315
With a side of your choice.

GRILL FIRED PRAWNS (6) R270
Butterflied prawns in Cajun and lemon butter sauce. Choice of basmati rice or hand cut fries.

PAN FRIED KINGKLIP (300G) R250
With a side of your choice and lemon butter sauce.

CHICKEN SCHNITZEL R145
With hand cut fries and cheese sauce.

HALF CAJUN GRILLED CHICKEN R195
Served with a side of your choice and prego sauce.



SIDES

HAND CUT CHIPS R45 | ONION RINGS R35
PARMESAN MASH R55 | BASMATI RICE R25
SEASONAL ROAST VEG R50 | GARDEN SALAD R30

SAUCES

MUSHROOM R35 | PERI-PERI R45 | PEPPER R50
CHEESE R55 | CHIMICHURRI R40

SMOOTHIES *Add Whey Protein for R25*

KRO GLOW R135/500ML- R105/350ML
Spinach, mango, banana, kiwi, pineapple juice, and coconut water blended into a vibrant, refreshing breakfast smoothie with a tropical twist.

CACAO POWER SMOOTHIE 130/500ML - R95/350ML
Raw cacao, almond butter, banana, Medjool dates, mesquite powder, vanilla, cinnamon, and almond milk blended into a rich, naturally energizing breakfast smoothie.

KRO BERRY BLISS R140/500ML-R125/350ML
Mixed berries, goji berries, crisp green apple, banana, and creamy coconut milk blended into a vibrant, antioxidant-rich breakfast smoothie chia seeds.

DESSERT

BAKED CHOCOLATE VANILLA CHEESECAKE R160
Served with berry coulis.

CARAMEL VELVET CAKE R165
Served with ice cream.

BLACK FOREST CAKE R155
Served with berry compote.

CHOCOLATE PISTACHIO & KNAFEH CAKE R160

KRO CAPE MALAY MALVA PUDDING R165
Served with hot custard.



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KRO Cafe

KEEP · RIGHT · ON

BREAKFAST *Served between 8am and 11am*

THE SUNRISE BREAKFAST R160
A hearty breakfast to start your day, served with eggs cooked your way, grilled tomato, crispy bacon, premium breakfast sausage and balsamic mushrooms, accompanied by your choice of white, brown, sourdough or rye toast.

EGGS BENEDICT R150
A café favourite served on your choice of sourdough or ciabatta, topped with two perfectly poached eggs, roasted tomatoes, sauteed mushrooms, crispy steaky bacon and finished with silky hollandaise sauce.
Vegetarian Option: *Replace bacon with fresh baby spinach.*

KRO CAFÉ OMELLETE R130
A light yet satisfying classic omelet served with roasted tomato, balsamic mushrooms and two slices of your choice of white, brown, sourdough or rye toast.
ADD ONS
Mozzarella Cheese R15 | Crispy Streaky Bacon R25 | Sliced Avo R35

BREAKFAST WRAP R130
A wholesome breakfast wrapped and grilled to perfection with scrambled eggs, baby spinach, grilled tomato and balsamic mushrooms.
ADD ONS
Mozzarella Cheese R15 | Crispy Streaky Bacon R25 | Sliced Avo R35

NUTELLA FLAPJACKS R160
Fluffy homemade flapjacks stacked and served with rich Nutella, garnished with strawberries and fresh mint.

KRO CAFÉ GRANOLA BOWL R205
House-made granola served with double cream plain yoghurt, a selection of seasonal fruit and fresh mint.

CHAI PUDDING BOWL R205
Vanilla chia pudding topped with mixed berry compote, toasted coconut shavings, almond biscotti crumble, maple syrup and fresh mint.



SANDWICHES

KRO CAFÉ CHICKEN MAYO R130
House grilled chicken seasoned in our signature shwarma spice blend, layered with garlic aioli, creamy mayonnaise and melted mozzarella on toasted artisan bread, with a side of crispy fries.

PADEL CLUB SANDWICH R135
Grilled Prego chicken breast layered with crispy bacon, sliced tomato, baby gem lettuce and garlic aioli on toasted artisan bread, served with crispy fries.

CLASSIC DOUBLE CHEESE & TOMATO R95
Mature cheddar & mozzarella, sliced tomato toasted until golden and served with crispy fries.
Add Bacon R25

WRAPS

CHICKEN TANDOORI WRAP R115
Grilled chicken breast marinated in our house tandoori spice blend with shredded lettuce, tomato, cucumber, pickled red onion and mint yoghurt dressing, wrapped in a toasted tortilla and served with crispy fries

CRISPY HALLOUMI & AVOCADO WRAP R100
Crispy Halloumi, sliced Avo, roasted peppers, cucumber, baby gem lettuce, tomato, and basil pesto aioli, wrapped in a toasted tortilla and served with crispy fries.



SALADS

CLASSIC GREEK SALAD R105
Crisp cucumber, vine ripened tomato, red onion, kalamata olives, creamy feta, mixed leaves and oregano, finished with extra virgin olive oil and lemon.

ADD ONS
Toasted Pumpkin seeds R15 | Roasted Pumpkin R25 | Feta R25
Avocado (*seasonal*) R30 | Grilled chicken R45

SMOKED SALMON SALAD R240
Smoked salmon served over mixed leaves leaves with sliced avo, cucumber, julienned carrot, orange segments and cherry tomatoes, finished with a light citrus vinaigrette.

STARTERS

KRO CAFÉ STRIPS R100
Golden-fried chicken strips served with our creamy, prego dipping sauce.

DEEP-FRIED CALAMARI R120
Crispy, golden squid served with a light, zesty lemon butter sauce.

SPICY LIVERS R85
Tender chicken livers sautéed in a creamy peri-peri sauce, served with toasted ciabatta for dipping.

DUO TACOS R85
Choose between slow-cooked BBQ pork topped with crunchy Asian slaw or pan-seared prawns finished with fresh mango salsa, all served in two soft tacos.



PIZZA

BBQ CHICKEN	R155
MARGARITA	R130
BACON, AVO & FETA	R115
HAWAIIAN	R140

PASTA

CHICKEN ALFREDO R175
Grilled chicken breast tossed in a rich creamy parmesan Alfredo sauce with pasta of choice, finished with fresh parsley and cracked black pepper.

CREAMY SEAFOOD PASTA R265
Prawns, squid, mussels, calamari in a creamy béchamel sauce with pasta of choice.

BOLOGNAISE R160
Slow-simmered beef bolognese tossed with al dente pasta in a rich & savoury tomato sauce, finished with shaved parmesan and fresh herbs.

BURGERS

KRO BEEF BURGER 180
Beefpatty, cheese, bacon, egg, lettuce, tomato, pickles ,onion rings, served with coleslaw and fries.

CHICKEN BURGER R165
Chicken fillet, cheese, jalapeño jam, pineapple, lettuce, tomato, onion rings, served with coleslaw and fries.



KRO CAFÉ SIGNATURE CURRY OR STEW

CHEF'S OXTAIL R340
Braised Oxtail, served with creamy mash.

BUTTER CHICKEN CURRY 180
Spiced Chicken curry served with, basmati rice, poppadom and sambals.

PLATTERS

KRO GRILL BASKET (4) R699 / (8) R1250
Ribs, fries, wings, chicken strips, Samosas.

CHICKEN WINGS BASKET (2) R270
Chicken wings, chicken strips, fries, chicken samosas.

KRO SNACK BASKET (2) - R305
Chicken strips, mozzarella sticks, jalapeño poppers, fries, ranch dressing.